

**Dr. Jesus Sanchez and Dr. Janice Blumer Receive  
Arnold P. Gold Foundation's  
2019 Leonard Tow Humanism in Medicine Award**

**Dr. Jesus Sanchez** and **Dr. Janice Blumer** are recipients of 2019 Leonard Tow Humanism in Medicine Award. The Leonard Tow Humanism in Medicine Award recognizes a faculty member (DO or MD) who demonstrates both clinical excellence and outstanding compassion in the delivery of care, and who shows respect for patients, their families, and healthcare colleagues.

**Dr. Sanchez** is a first generation physician who is dual-board certified in Family Medicine and Neuromusculoskeletal Medicine. He graduated from the College of Osteopathic Medicine of the Pacific in 2004, after having fulfilled his scholarship service as an undergraduate teaching fellow. He went on to complete his residency training in family medicine at Downey Regional Medical Center, where he served as chief resident and was selected as resident of the year. Dr. Sanchez continued his residency training for an additional year in the field of neuromusculoskeletal medicine. Upon completion of residency, Dr. Sanchez has gone on to hold many roles in clinic practice and medical education ranging from Assistant Director of Medical Education to Program Director of a post-graduate medical education residency. He is currently serving as an Associate Professor of Neuromusculoskeletal Medicine and Family Medicine, and Assistant Dean of Academic Affairs at Western University of Health Sciences College of Osteopathic Medicine of the Pacific.



Dr. Sanchez has excelled in a variety of capacities such as Chair of the Curriculum Committee, Chair of the Institutional Review Board, Residency Program Director, and faculty advisor for the Student Osteopathic Medical Association and Latino Medical Students Association. He is a tireless volunteer who is always willing to help his peers, colleagues, students and patients. He is a passionate, inspiring and remarkable ambassador for osteopathic profession.

As a physician leader and educator, Dr. Sanchez has had the distinction of serving with professionalism, empathy and cultural sensitivity. He is a role model for students at all levels from pre-medical to post graduate residents, as he often trains his students in the clinical setting. Dr. Sanchez displays a genuine concern for his patients, goes the extra mile to help his patients learn about their conditions, and approaches their care with a holistic philosophy. He bridges the complexities of medical science while maintaining the humanistic sensitivity that includes the emotional and psychological well-being of his patients. He consistently models professional and ethical behavior in his interaction with patients, students and staff. Dr. Sanchez is an enthusiastic educator who inspires his students to embrace their calling and be their best.

**Dr. Janice Blumer** received her Doctor of Osteopathy degree in 1991 from the College of Osteopathic Medicine of the Pacific, after spending an additional year serving the NMM/OMM department as a prestigious predoctoral teaching fellow. She was awarded the Vera Braswell award for excellence in OMM upon graduating. She completed her residency in family medicine at Case Western Reserve/University Hospitals of Cleveland. Dr. Blumer transitioned from clinical practice to support COMP -Northwest as founding faculty in 2010. She exemplifies the servant leader, supporting those around her in whatever way possible. As founding chair of the CNW admissions committee, she supported unique ways to select the incoming students.



In 2015, Dr. Blumer was awarded the Western University Distinguished Faculty Award for imparting outstanding hands on education to students. She continues to ensure that students have adequate hands on experiences to enhance their psychomotor skills. Dr. Blumer mentors the COMP-Northwest students and predoctoral teaching fellows in academic and scholarly activity, leadership and career development. Through her mentorship, COMP-NW students and fellows have received 3 AAO first place “Ramshead” awards for presentations at AAO convocation, and one past fellow received the “AOA Internal Medicine Resident of the Year Award”. She received the designation “Fellow of the American Academy of Osteopathy” in 2015. In addition, she has published a book chapter in Foundations of Osteopathic Medicine IV and serves as Editor in Chief of the AAO Journal. Dr. Blumer is a member of the NBOME Level One Advisory Committee.

Dr. Blumer serves as an advisor for the Equality Alliance, Dermatology and AMWA clubs run by COMP-NW students. She generously volunteers her time for the East Linn Free Clinic, and provides support for MedWell through ‘mindful Monday’ activities and ‘The Science of Happiness’ course. Dr. Blumer is known for providing the ‘resilience cart’ to students during board study season. In the spirit of giving back to the local community, Dr. Blumer finds time to support Youth Camps, Linn Benton Food Share, Gift of Literacy, and Mini Medical School programs.

Though teaching is Dr. Blumer’s focus, she continues to practice OMM clinically. As a physician, she strives to address physical as well as emotional concerns of her patients. Dr. Blumer supports diversity, and is an advocate for the LGBTQ community and gender equity in medicine. She and her daughter provide an educational opportunity for students to understand transgender issues each year. More recently, Dr. Blumer is tackling the issue of physician burnout in medicine, especially for women, and is providing tools to students to support them in their careers. Her concern for students’ wellbeing and success, flexibility to accommodate their schedules, and open door policy have made her a highly sought after mentor.

Dr. Blumer is an accomplished educator, caring and compassionate physician, trusted colleague, and community volunteer. She attributes her success to the support and inspiration from her husband Tim, and their three children.